



## Program Overview

We are offering a new and exciting experience for our area teenagers! The Counselor-in-Training Program is designed to teach leadership, citizenship, and communication skills to teens 15-18 years of age. This program is a service learning opportunity that includes the following components: community service and an intensive training on leadership, behavior and conflict management, ages and stages of children, team building, and program planning. CITs will work alongside the 4-H Agent and Cooperative Extension staff to assist, execute and educate our younger summer adventure participants. This program is ultimately about young adults discovering what they are capable of, finding their inner leader, and creating a lasting experience.



## Program Benefits

- ◆ CITs will learn valuable 21st Century leadership skills
- ◆ CITs will be mentored by our NC Cooperative Extension team
- ◆ CITs will be a part of the various day camps we offer
- ◆ CITs will build lasting friendships
- ◆ CITs will set and track personal goals
- ◆ CITs will become eligible to attend the Teen Adventure Trip



## Program Requirements

- ◆ Participants must be 15 - 18 years of age
- ◆ Participants must enroll in 4-H through [4HOnline](#)
- ◆ Participants must commit to attend at least 4 days of programs
- ◆ Participants must attend the two mandatory training sessions held June 12 & 13
- ◆ Participants must pay a fee of \$50
- ◆ CIT applications must be completed by May 31, 2019

### To Apply:

Completed applications are due by May 31, 2019. The \$50 fee is not required until you have been accepted into the program. Acceptance into the program will be announced no later than June 5, 2019 via email.

Completed applications can be emailed to [sarah\\_miller@ncsu.edu](mailto:sarah_miller@ncsu.edu), or mailed to: Moore County 4-H; Attn: Sarah Miller; PO Box 1149; Carthage, NC 28327.

For more information, contact Sarah Miller at 910-947-3188 or [sarah\\_miller@ncsu.edu](mailto:sarah_miller@ncsu.edu).



# Counselor-in-Training Program 2019 Application

## General Information

Name: \_\_\_\_\_ Name you prefer to be called: \_\_\_\_\_

Email: \_\_\_\_\_ Grade: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Relationship to participant: \_\_\_\_\_

## CIT Selection Process

- ◆ All applications will remain confidential
- ◆ Completed applications will be reviewed by a committee
- ◆ Applications are not considered complete until the participant is enrolled in [4HOnline](#)
- ◆ Selections will be made and participants notified no later than June 5th

## Camp Placement Selection

Please mark which camps you would like to serve as a CIT. This selection should be based on your strengths and interests. You may select as many as you would like, but you are only required to serve a minimum of 4 program days.

X	Camp Program	Date(s)	Age Range
x	CIT Training	June 12-13	15 - 18
	Cooking Around the World	June 25-28	9 - 14
	Vision Board Creation	July 9	10 - 14
	Robotics Camp	July 10-11	10 - 14
	Cloverbud Livestock Camp	July 15-18	5 - 7
	Cloverbud Making & Tinkering	July 19	5 - 7
	Junior Livestock Camp	July 22-25	8 - 13
	Adulting 101	July 25-26	12 - 14
	Junior Making & Tinkering	Aug 5-6	8 - 11
	Intermediate Making & Tinkering	Aug 12-13	12 - 14



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## References

Please list two references (*not including family members*). A good reference is someone who knows you and will be able to speak their best knowledge of you. This could be your principal, counselor, a teacher, coach, club leader, or other adult community leaders.

Reference #1 Name: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Position/Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Reference #2 Name: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Position/Title: \_\_\_\_\_

Organization: \_\_\_\_\_

## Participant Agreement

I certify that all information provided is correct. I have read through and understand the Counselor-in-Training Program requirements and policies. If selected, I will meet and abide by the requirements set forth.

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*

## Parent/Guardian Permission Form

Your child expressed an interest in the Counselor-in-Training Program. By applying for this program, your child is making a commitment to take part in a new program being introduced by Moore County 4-H. This form is to verify that you are aware of your child's interest and understanding of the NC 4-H code of conduct and disciplinary procedures, program requirements, and dates. Upon the selection to participate, the CITs are expected to attend all programs and activities unless there is a valid reason such as illness, doctor visit, school activity, death in the family. Please make sure your child has chosen dates that do not conflict with your summer schedule. Please keep the program overview as a reference. Applications will be reviewed in confidence and applicants will be notified of the selection decision. I have read and understand the Counselor-in-Training Program requirements.

**My son/daughter has my support and permission to participate in the 2019 Counselor-in-Training Program.**

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*



# Counselor-in-Training Program 2019 Application

## Why Counselor-in-Training

1. Why should you be selected to participate in the Counselor-in-Training Program?
2. What do you expect to gain from this experience?
3. What are the main qualities of a leader? How do you exemplify those qualities? List examples.
4. What are your strengths? What are your weaknesses? What steps are you taking to make any weaknesses strengths?
5. Based on the camp session(s) you are interested in serving with, what is an activity you would like to do with the campers?

**If you need additional space, you may write on a separate sheet**